Subject: Request for Participation in Student Research

Dear, Mr. Adrian Leiva

We are Pharmacy students enrolled in a research course at the University of Belize. As part of the course requirement, we are conducting a study titled "Physical and Mental Stress Among College Students in Belize."

This research aims to explore the experiences of stress among college students in Belize, and the coping mechanisms used to manage it. The findings will help shed light on the academic and personal challenges students face and may help in developing strategies for stress management.

To support this study, we have prepared a short online survey and would greatly appreciate your assistance in sharing it with your student body. The survey is completely anonymous, takes approximately 15 minutes to complete, and is intended solely for academic purposes. All responses will be kept confidential.

Survey Link: https://forms.gle/wMpvbHPbuFjVwekw5

Your institution's participation would provide valuable insight and contribute meaningfully to this research. If you have any questions or would like additional information about the study, please feel free to contact us at <u>2022157073@ub.edu.bz</u> Thank you very much for considering this request. Your support is truly appreciated.

Warm regards, Karen Rashel Barrera University of Belize Bachelors in Pharmacy 3rd year student Contact: +501- 6319774 or <u>2022157073@ub.edu.bz</u>